

BabyCare



(for expecting or new parents of children ages birth to 6 months-old)

November – December 2008

Monday Cambridge Community Center

October 27	Session 1
November 3	Session 2
November 10	Session 3
November 17	Session 4
November 24	Session 5

3900 Cambridge St. Ste 203

9:30 a.m.-12:00 p.m.
9:30 a.m.-12:00 p.m. Maryland/Flamingo
9:30 a.m.-12:00 p.m. 89119
9:30 a.m.-12:00 p.m.
9:30 a.m.-12:00 p.m.

Tuesday William Pearson Community Center

November 18	Session 1
November 25	Session 2
December 2	Session 3
December 9	Session 4
December 16	Session 5

1625 W Carey

6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m. Carey/Martin Luther King
6:00 p.m.-8:30 p.m. 89032
6:00 p.m.-8:30 p.m.
6:00 p.m.-8:30 p.m.

Thursday Central Neighborhood Family Service Center 333 N. Rancho Dr.

December 4	Session 1	6:00 p.m.-8:30 p.m.
December 11	Session 2	6:00 p.m.-8:30 p.m.
December 18	Session 3	6:00 p.m.-8:30 p.m. Bonanza/Rancho
January 8	Session 4	6:00 p.m.-8:30 p.m. 89106
January 15	Session 5	6:00 p.m.-8:30 p.m.

No class on December 25 or January 1

*Schedule is subject to change. ****Children do not attend this class.*

New parents have lots of questions. **BabyCare** is a five-week program for expecting or new parents that address a variety of new-parent concerns from bonding and caring for a new baby to childcare options. Parents learn how to feed, bathe, diaper, dress, care for and play with their baby. Information on early development, health, safety, nutrition and choosing childcare is provided. Parents will explore positive strategies for guiding behavior, communicating with young children, managing stress and solving problems to provide nurturing care for their baby. Free of charge.

Register by calling the Parenting Project at 455-5295

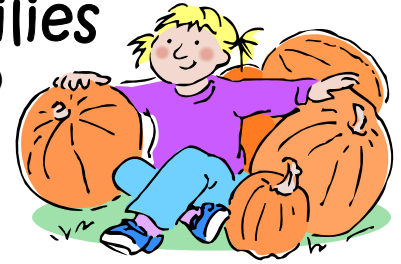
Offered by Clark County Department of Family Services Parenting Project



Nurturing Parents & Families

(for parents of children ages 6 months to 5 years-old)

November - December 2008



Wednesday Becker Community School

November 5	Session 1
November 12	Session 2
November 19	Session 3
November 26	Session 4
December 3	Session 5
December 10	Session 6

9110 Hillpointe Rd

6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	Lake Mead/Rampart
6:00 p.m.-8:30 p.m.	89134
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	

Wednesday Walnut Recreation Center

November 5	Session 1
November 12	Session 2
November 19	Session 3
December 3	Session 4
December 10	Session 5
December 17	Session 6

3075 N Walnut Rd

6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	Cheyenne/east of LV Blvd
6:00 p.m.-8:30 p.m.	89115
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	

No class on November 26

Friday Hollingsworth Elementary School

<i>Spanish</i> November 7	Session 1
<i>Spanish</i> November 14	Session 2
<i>Spanish</i> November 21	Session 3
<i>Spanish</i> December 5	Session 4
<i>Spanish</i> December 12	Session 5
<i>Spanish</i> December 19	Session 6

1776 E Ogden Ave

9:15 a.m.-11:15 a.m.	
9:15 a.m.-11:15 a.m.	Charleston/Bruce
9:15 a.m.-11:15 a.m.	89101
9:15 a.m.-11:15 a.m.	
9:15 a.m.-11:15 a.m.	
9:15 a.m.-11:15 a.m.	

No class on November 28 – Family Day

Tuesday Walnut Recreation Center

<i>Spanish</i> November 18	Session 1
<i>Spanish</i> November 25	Session 2
<i>Spanish</i> December 2	Session 3
<i>Spanish</i> December 9	Session 4
<i>Spanish</i> December 16	Session 5/6

3075 N Walnut Rd

6:30 p.m.-8:30 p.m.	
6:30 p.m.-8:30 p.m.	Cheyenne/east of LV Blvd
6:30 p.m.-8:30 p.m.	89115
6:30 p.m.-8:30 p.m.	
6:30 p.m.-8:30 p.m.	

Tuesday Cambridge Community Center

December 2	Session 1
December 9	Session 2
December 16	Session 3
December 23	Session 4
December 30	Session 5/6

3900 Cambridge St. MP room

6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	Maryland/Flamingo
6:00 p.m.-8:30 p.m.	89119
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	

*Schedule is subject to change. ****Children do not attend this class.*

The **Nurturing Parents and Families** program is designed for parents of children from **6 months to five years-old**. The program promotes positive, healthy and nurturing interactions between parents and their toddlers and preschool children. Developmental stages of children from infancy through preschool are presented. Parents will learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and appropriate behavior management methods are presented and practiced. *Free of charge.*

Register by calling the Parenting Project at 455-5295

Offered by Clark County Department of Family Services Parenting Project



ABC's of Parenting

(for parents of children 5 to 10 years-old)

November - December 2008



Monday Whitney Ranch Recreation Center

November 3	Session 1
November 10	Session 2
November 17	Session 3
November 24	Session 4
December 1	Session 5

1575 Galleria Dr. (off Russell)

6:00 p.m.-8:30 p.m.
 6:00 p.m.-8:30 p.m. btwn Whitney Ranch/Patrick
 6:00 p.m.-8:30 p.m. 89014
 6:00 p.m.-8:30 p.m.
 6:00 p.m.-8:30 p.m.

Wednesday Valley View Recreation Center

November 5	Session 1
November 12	Session 2
November 19*	Session 3
December 3	Session 4
December 10	Session 5

500 Harris St. Henderson

6:00 p.m.-8:30 p.m.
 6:00 p.m.-8:30 p.m. Boulder Hwy/Basic
 6:00 p.m.-8:30 p.m. 89015
 6:00 p.m.-8:30 p.m. ***No class on 11/26**
 6:00 p.m.-8:30 p.m.

No class on November 26

Thursday Tate Elementary School

<i>Spanish</i> November 6	Session 1
<i>Spanish</i> November 13	Session 2
<i>Spanish</i> November 20*	Session 3
<i>Spanish</i> December 4	Session 4
<i>Spanish</i> December 11	Session 5

2450 Lincoln Rd.

9:15 a.m.-11:15 a.m.
 9:15 a.m.-11:15 a.m. Carey/North of Lamb
 9:15 a.m.-11:15 a.m. 89115
 9:15 a.m.-11:15 a.m. ***No class on 11/27**
 9:15 a.m.-11:15 a.m.

No class on November 27- Thanksgiving

Thursday Becker Community School

November 6	Session 1
November 13	Session 2
November 20*	Session 3
December 4	Session 4
December 11	Session 5

9110 Hillpointe Rd

6:00 p.m.-8:30 p.m.
 6:00 p.m.-8:30 p.m. Lake Mead/Rampart
 6:00 p.m.-8:30 p.m. 89134
 6:00 p.m.-8:30 p.m. ***No class on 11/27**
 6:00 p.m.-8:30 p.m.

No class on November 27- Thanksgiving

Wednesday Cambridge Community Center

November 12	Session 1
November 19	Session 2
November 26	Session 3
December 3	Session 4
December 10	Session 5

3900 Cambridge St. MP room

6:00 p.m.-8:30 p.m.
 6:00 p.m.-8:30 p.m. Maryland/Flamingo
 6:00 p.m.-8:30 p.m. 89119
 6:00 p.m.-8:30 p.m.
 6:00 p.m.-8:30 p.m.

Thursday Sandy S Miller Elementary School

November 13	Session 1
November 20	Session 2
December 4	Session 3
December 11	Session 4
December 18	Session 5

4851 E Lake Mead Blvd

9:00 a.m.-11:00 a.m.
 9:00 a.m.-11:00 a.m. Lake Mead/w of Nellis
 9:00 a.m.-11:00 a.m. 89115
 9:00 a.m.-11:00 a.m.
 9:00 a.m.-11:00 a.m.

Thursday Sandy S Miller Elementary School

<i>Spanish</i> November 13	Session 1
<i>Spanish</i> November 20	Session 2
<i>Spanish</i> December 4	Session 3
<i>Spanish</i> December 11	Session 4
<i>Spanish</i> December 18	Session 5

4851 E Lake Mead Blvd

1:00 p.m.-3:00 p.m.
 1:00 p.m.-3:00 p.m. Lake Mead/w of Nellis
 1:00 p.m.-3:00 p.m. 89115
 1:00 p.m.-3:00 p.m.
 1:00 p.m.-3:00 p.m.

continued on page 2

ABC's of Parenting program November-December 2008 page 2

Monday South Neighborhood Family Service Center 522 E Lake Mead Pkwy, Suite 5

<i>Spanish</i> November 17	Session 1	6:30 p.m.-8:30 p.m. Henderson
<i>Spanish</i> November 24	Session 2	6:30 p.m.-8:30 p.m. Lake Mead/Boulder Hwy
<i>Spanish</i> December 1	Session 3	6:30 p.m.-8:30 p.m. (turn in at Burkholder)
<i>Spanish</i> December 8	Session 4	6:30 p.m.-8:30 p.m. 89015
<i>Spanish</i> December 15	Session 5	6:30 p.m.-8:30 p.m.

Tuesday Cambridge Community Center

3900 Cambridge St, #203

December 2	Session 1	10:00 a.m.-12:30 p.m.
December 9	Session 2	10:00 a.m.-12:30 p.m. Maryland Pkwy/Flamingo
December 16	Session 3	10:00 a.m.-12:30 p.m. 89119
December 23	Session 4	10:00 a.m.-12:30 p.m.
December 30	Session 5	10:00 a.m.-12:30 p.m.

*Schedule is subject to change. ****Children do not attend this class.*

The **ABC's of Parenting** is a fun and interactive program that helps parents of school-age children gain an understanding of child development and behavior. Parents learn how to communicate effectively with their children, encourage better behavior, use positive discipline techniques and teach responsibility. The program shows parents how to help children succeed in school and solve problems. Parents will also learn how to manage stress and anger and talk to their children about drugs, alcohol and other issues. *Free of charge.*

Register by calling the Parenting Project at 455-5295



Parent Teen Solutions

(for parents and youth 12 to 17 years-old)

November-December 2008



Monday Mirabelli Community Center

November 3	Session 1
November 10	Session 2
November 17	Session 3
November 24	Session 4
December 1	Session 5
December 8	Session 6

6200 Hargrove Ave

6:00 p.m.-8:30 p.m.	US95./Jones
6:00 p.m.-8:30 p.m.	89107
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	

Tuesday Whitney Ranch Recreation Center

November 4	Session 1
November 18*	Session 2
November 25	Session 3
December 2	Session 4
December 9	Session 5/6

1575 Galleria Dr. (off Russell)

6:00 p.m.-8:30 p.m.	*No class on 11/11
6:00 p.m.-8:30 p.m.	btwn Whitney Ranch/Patrick
6:00 p.m.-8:30 p.m.	89014
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	

No class on November 11- Veteran's Day

Wednesday Central Neighborhood Family Service Center 333 N. Rancho Dr. 200C

November 5	Session 1
November 12	Session 2
November 19	Session 3
November 26	Session 4
December 3	Session 5
December 10	Session 6

6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	Bonanza/Rancho
6:00 p.m.-8:30 p.m.	89106
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	

Thursday Walnut Recreation Center

November 6	Session 1
November 13	Session 2
November 20*	Session 3
December 4	Session 4
December 11	Session 5
December 18	Session 6

3075 N Walnut Rd

6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	Cheyenne/east of LV Blvd
6:00 p.m.-8:30 p.m.	89115
6:00 p.m.-8:30 p.m.	*No class on 11/27
6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	

No class on November 27- Thanksgiving

Thursday Valley View Recreation Center

November 6	Session 1
November 13	Session 2
November 20*	Session 3
December 4	Session 4
December 11	Session 5/6

500 Harris St. Henderson

6:00 p.m.-8:30 p.m.	
6:00 p.m.-8:30 p.m.	Boulder Hwy/Basic
6:00 p.m.-8:30 p.m.	89015
6:00 p.m.-8:30 p.m.	*No class on 11/27
6:00 p.m.-8:30 p.m.	

No class on November 27- Thanksgiving

Thursday Clark Community School

<i>Spanish</i> November 6	Session 1
<i>Spanish</i> November 13	Session 2
<i>Spanish</i> November 20*	Session 3
<i>Spanish</i> December 4	Session 4
<i>Spanish</i> December 11	Session 5
<i>Spanish</i> December 18	Session 6

3074 Arville St

6:00 p.m.-8:00 p.m.	
6:00 p.m.-8:00 p.m.	Spring Mtn/Arville
6:00 p.m.-8:00 p.m.	89102
6:00 p.m.-8:00 p.m.	NO class on 11/27
6:00 p.m.-8:00 p.m.	
6:00 p.m.-8:00 p.m.	

No class on November 27- Thanksgiving

Saturday Cambridge Recreation Center

3930 Cambridge St.

November 8	Session 1	9:30 a.m.-12:00 p.m. Cambridge/Flamingo
November 15	Session 2	9:30 a.m.-12:00 p.m. 89119
November 22*	Session 3	9:30 a.m.-12:00 p.m. *No class on 11/29
December 6	Session 4	9:30 a.m.-12:00 p.m.
December 13	Session 5/6	9:30 a.m.-12:00 p.m.

No class on November 29

Wednesday Cimarron Rose Community Center

5591 N. Cimarron Rd

Revised

November 12	Session 1	6:00 p.m.-8:00 p.m.	dates
November 19	Session 2	6:00 p.m.-8:00 p.m. Ann Rd/Hwy95	
December 3	Session 3	6:00 p.m.-8:00 p.m.	
December 10	Session 4	6:00 p.m.-8:00 p.m. 89149	
December 17	Session 5/6	6:00 p.m.-8:00 p.m.	

Tuesday Becker Community School

9110 Hillpointe Rd

November 18	Session 1	6:00 p.m.-8:30 p.m.
November 25	Session 2	6:00 p.m.-8:30 p.m. Lake Mead/Rampart
December 2	Session 3	6:00 p.m.-8:30 p.m. 89134
December 9	Session 4	6:00 p.m.-8:30 p.m.
December 16	Session 5/6	6:00 p.m.-8:30 p.m.

*Schedule is subject to change.***Teens may attend this program with their parent/caregiver.*

ParentTeen Solutions is designed to maximize family strengths and reduce behavioral problems in youth. Youth 12 to 17 years-old attend this program with their parents to promote communication and trust. Parents learn the importance of clear rules and consistent supervision and how to practice a positive approach to discipline that teaches self-responsibility. Parents and youth participate in problem-solving, conflict resolution and asset-building activities designed to promote a nurturing and supportive family environment. *Free of charge.*

Register by calling the Parenting Project at 455-5295

Offered by Clark County Department of Family Services Parenting Project

